

LANE POOL SCHEDULE													
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY						
6:00												6:00	
6:15	LANE SWIM		LANE SWIM		LANE SWIM							6:15	
6:30	↑↑↓↓↑↑		↑↑↓↓		↑↑↓↓↑↑							6:30	
6:45		Rental		Rental								6:45	
7:00		6:00-8:00		6:30-8:00								7:00	
7:15	LANE SWIM		LANE SWIM		LANE SWIM							7:15	
7:30	↑↑↓↓↑↑		↑↑↓↓		↑↑↓↓↑↑							7:30	
7:45												7:45	
8:00												8:00	
8:15	LANE SWIM	LANE SWIM	LANE SWIM	LANE SWIM	LANE SWIM	LANE SWIM	LANE SWIM	LANE SWIM	LANE SWIM	LANE SWIM	LANE SWIM	8:15	
8:30	↑↑↓↓↑↑	↑↑↓↓↑↑	↑↑↓↓↑↑	↑↑↓↓↑↑	↑↑↓↓↑↑	↑↑↓↓↑↑	↑↑↓↓↑↑	↑↑↓↓↑↑	↑↑↓↓↑↑	↑↑↓↓↑↑	↑↑↓↓↑↑	8:30	
8:45												8:45	
9:00												9:00	
9:15	LANE SWIM	LANE SWIM	LANE SWIM	LANE SWIM	LANE SWIM		LANE SWIM	LANE SWIM	AQUA FIT			9:15	
9:30	↑↑↓↓↑↑	↑↑↓↓↑↑	↑↑↓↓↑↑	↑↑↓↓↑↑	↑↑↓↓↑↑		↑	↑↓				9:30	
9:45												9:45	
10:00	LANE SWIM	AQUA FREE	LANE SWIM	AQUA FREE	LANE SWIM	AQUA FREE	LANE SWIM	AQUA FREE	LANE SWIM	AQUA FREE	LANE SWIM	10:00	
10:15	↑↓↑↑		↑↓↑↑		↑↓↑↑		↑↓↑↑		↑↓↑↑		↑↓↑↑	10:15	
10:30												10:30	
10:45												10:45	
11:00	LANE SWIM	AQUA FIT	LANE SWIM	AIM	LANE SWIM	AQUA FIT	LANE SWIM	AIM	LANE SWIM		LANE SWIM	11:00	
11:15	↑↓		↑↓↑↑		↑↓		↑↓↑↑		↑↓↑↑		↑	11:15	
11:30												11:30	
11:45												11:45	
12:00	LANE SWIM	LANE SWIM	LANE SWIM	LANE SWIM	LANE SWIM		LANE SWIM		LANE SWIM		LANE SWIM	12:00	
12:15	↑↑↓↓↑↑	↑↑↓↓↑↑	↑↑↓↓↑↑	↑↑↓↓↑↑	↑↑↓↓↑↑		↑		↑		↑	12:15	
12:30												12:30	
12:45												12:45	
1:00	LANE SWIM	LANE SWIM	AQUA FREE	LANE SWIM	AIM	LANE SWIM	AQUA FREE	LANE SWIM			LANE SWIM	1:00	
1:15	↑↑↓↓↑↑	↑↓↑↑		↑↓↑↑		↑↓↑↑		↑↑↓↓↑↑			↑	1:15	
1:30												1:30	
1:45												1:45	
2:00	LANE SWIM	AQUA FREE	LANE SWIM	LANE SWIM	AQUA FREE	LANE SWIM	LANE SWIM	AQUA FREE	Rental	Lifesaving Sport	Family Swim	2:00	
2:15	↑↓↑↑		↑↑↓↓↑↑	↑↓↑↑		↑↑↓↓↑↑	↑↓↑↑		1:30-3:00	1:30-3:30		2:15	
2:30												2:30	
2:45												2:45	
3:00	LANE SWIM	Family Swim	LANE SWIM	LANE SWIM	Family Swim	LANE SWIM	LANE SWIM	Family Swim				3:00	
3:15	↑↓↑↑		↑↑↓↓↑↑	↑↓↑↑		↑↑↓↓↑↑	↑↓↑↑					3:15	
3:30												3:30	
3:45												3:45	
4:00		LANE SWIM	Rental	LANE SWIM	LANE SWIM	Youth Swim	Family Swim				↑↑↓↓	4:00	
4:15		↑	4:00-5:30	↑↓↑↑	↑						↑↑	4:15	
4:30												4:30	
4:45												4:45	
5:00	Swimming Lessons	LANE SWIM		Swimming Lessons	LANE SWIM						↑↑↓↓	5:00	
5:15	4:00-8:00	↑		4:00-8:00	↑						↑↑	5:15	
5:30												5:30	
5:45												5:45	
6:00		Swimming Lessons	Aqua Fit	Swimming Lessons	Swimming Lessons	Aqua Fit	Rental	Swimming Lessons	Lifesaving Sport	AQUA FIT	LANE SWIM	6:00	
6:15		4:00-8:00		4:00-8:00	4:00-8:00		5:00-7:00	4:00-8:00	5:00-7:00		↑↑↓↓↑↑	6:15	
6:30		↑			↑			↑		↑↓↑↓	↑↑↓↓↑↑	6:30	
6:45												6:45	
7:00		LANE SWIM	Lifesaving Sport	Rental	LANE SWIM	Swimming Lessons	LANE SWIM	LANE SWIM	LANE SWIM	AQUA FREE	LANE SWIM	AQUA FREE	7:00
7:15		↑	5:30-7:30	6:45-8:45	↑	4:00-8:00	↑↓↑↑	↑↓↑↑	↑↓↑↑	↑↓↑↑	↑↓↑↑	AQUA FREE	7:15
7:30													7:30
7:45													7:45
8:00	LANE SWIM	Rental	LANE SWIM	LANE SWIM	Rental	LANE SWIM	LANE SWIM	LANE SWIM	Leadership				8:00
8:15	↑↓	8:00-9:00	↑↓↑↓	↑↓	8:00-9:00	↑↓↑↓	↑↓↑↓	↑↓↑↓					8:15
8:30													8:30
8:45													8:45
9:00	LANE SWIM	AQUA FREE	LANE SWIM	AQUA FREE	LANE SWIM	AQUA FREE	LANE SWIM	AQUA FREE					9:00
9:15	↑↓↑↑		↑↓↑↑		↑↓↑↑		↑↓↑↑						9:15
9:30													9:30

**PLEASE NOTE:**  
 The **DIRECTIONAL** arrows indicate the number of lanes available for lane swims.

**REMEMBER:**  
 Reserve your time in the Aquatic Centre through our My Y App!

AQUATIC CENTRE  
September 20-December 12, 2021