

		LANE POOL SCHEDULE											
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
6:00												6:00	
6:15												6:15	
6:30												6:30	
6:45												6:45	
7:00			LANE SWIM ↑↓↑		LANE SWIM ↑↓↑							7:00	
7:15												7:15	
7:30												7:30	
7:45		LANE SWIM ↑↑↓↓↑↑		LANE SWIM ↑↑↓↓↑↑		LANE SWIM ↑↑↓↓↑↑						7:45	
8:00												8:00	
8:15												8:15	
8:30												8:30	
8:45			LANE SWIM ↑↑↓↓↑↑		LANE SWIM ↑↑↓↓↑↑							8:45	
9:00												9:00	
9:15												9:15	
9:30												9:30	
9:45												9:45	
10:00	LANE SWIM ↑↓↑	AQUA FREE	LANE SWIM ↑↓↑	AQUA FREE	LANE SWIM ↑↓↑	AQUA FREE	LANE SWIM ↑↓↑	AQUA FREE				10:00	
10:15												10:15	
10:30												10:30	
10:45												10:45	
11:00	LANE SWIM ↑↓	AQUA FIT	LANE SWIM ↑↓↑	AIM	LANE SWIM ↑↓	AQUA FIT	LANE SWIM ↑↓↑	AIM				11:00	
11:15												11:15	
11:30												11:30	
11:45												11:45	
12:00												12:00	
12:15												12:15	
12:30												12:30	
12:45												12:45	
1:00												1:00	
1:15												1:15	
1:30												1:30	
1:45												1:45	
2:00												2:00	
2:15												2:15	
2:30	LANE SWIM ↑↓↑	AQUA FREE	LANE SWIM ↑↓↑	AQUA FREE	LANE SWIM ↑↓↑	AQUA FREE	LANE SWIM ↑↓↑	AQUA FREE				2:30	
2:45												2:45	
3:00												3:00	
3:15		Family Swim	LANE SWIM ↑↑↓↓↑↑		Family Swim	LANE SWIM ↑↑↓↓↑↑		Family Swim				3:15	
3:30												3:30	
3:45												3:45	
4:00												4:00	
4:15			Youth Swim			Youth Swim						4:15	
4:30												4:30	
4:45												4:45	
5:00												5:00	
5:15												5:15	
5:30												5:30	
5:45												5:45	
6:00	Swimming Lessons	LANE SWIM ↑↓	Swimming Lessons		Swimming Lessons							6:00	
6:15												6:15	
6:30												6:30	
6:45												6:45	
7:00												7:00	
7:15												7:15	
7:30												7:30	
7:45												7:45	
8:00	LANE SWIM ↑↓↑	AQUA FREE	LANE SWIM ↑↓↑↑	LANE SWIM ↑↓↑	AQUA FREE	LANE SWIM ↑↓↑↑	Registered Programming	Aqua Free				8:00	
8:15												8:15	
8:30												8:30	
8:45												8:45	
9:00												9:00	
9:15												9:15	
9:30												9:30	

PLEASE NOTE:
 The **DIRECTIONAL** arrows indicate the number of lanes available for lane swims.

REMEMBER:
 Reserve your time in the Aquatic Centre through our My Y App!



TEACHING POOL SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
6:00								6:00
6:15								6:15
6:30								6:30
6:45								6:45
7:00								7:00
7:15								7:15
7:30								7:30
7:45								7:45
8:00								8:00
8:15								8:15
8:30								8:30
8:45								8:45
9:00		KinderSplash - SplashPad		KinderSplash - SplashPad				9:00
9:15								9:15
9:30								9:30
9:45								9:45
10:00	KinderSplash - SplashPad		KinderSplash - SplashPad		KinderSplash - SplashPad	Swimming Lessons		10:00
10:15								10:15
10:30								10:30
10:45								10:45
11:00								11:00
11:15								11:15
11:30								11:30
11:45								11:45
12:00								12:00
12:15								12:15
12:30						Family Swim		12:30
12:45								12:45
1:00								1:00
1:15								1:15
1:30								1:30
1:45								1:45
2:00								2:00
2:15								2:15
2:30								2:30
2:45								2:45
3:00						Swimming Lessons	Family Swim	3:00
3:15								3:15
3:30								3:30
3:45								3:45
4:00	Swimming Lessons		Swimming Lessons					4:00
4:15								4:15
4:30								4:30
4:45								4:45
5:00								5:00
5:15								5:15
5:30								5:30
5:45								5:45
6:00								6:00
6:15								6:15
6:30								6:30
6:45								6:45
7:00								7:00
7:15								7:15
7:30								7:30
7:45								7:45
8:00								8:00
8:15								8:15
8:30								8:30
8:45								8:45
9:00								9:00
9:15								9:15
9:30								9:30

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