

Annual Report 2016



A Better Community starts here.



Meet Heavyn

Heavyn Beals started playing basketball at the Community YMCA at age four on the Little Dribblers team that her dad coached. Now she plays at the midget level of the Community YMCA Panthers team.

"The YMCA feels like home to me. It's great to have a safe place to come to and hang out."



Our Y is in 69 locations!

We have:

- 12 centres in the Halifax area
- 49 program sites in greater Halifax
- 7 provincial settlement offices
- Big Cove YMCA Camp

Greetings

from the **Chair of the Board of Directors**
and the **President and Chief Executive Officer**

**"The pessimist complains about the wind; the optimist expects it to change; the realist adjusts the sails."
- William Arthur Ward**

2016 was a year of significant and exciting changes at our YMCA, as the emerging needs of our community led us to adjust our sails.

We were part of the national initiative to welcome Syrian refugees and have helped over 800 refugees feel at home in Halifax and across the province. Also in 2016, a major partnership expansion between our YMCA Employment Services and Nova Scotia Works quadrupled the number of YMCA Employment Centres from two to eight centres across the municipality, while we also took on offering fully bilingual servicing at all eight sites. We built a new cabin at Big Cove YMCA Camp and saw the excavation begin at the site of the development that will eventually house the new John W. Lindsay YMCA facility.

All of these changes are helping us to better serve our communities. With that goal in mind, we have continued to work with other non-profits and all three levels of government to develop strong and

productive partnerships.

We're also working with YMCAs across Nova Scotia to collaborate on initiatives and share resources. This year we hired a Human Resources Manager to work with the YMCAs of Nova Scotia to begin to develop shared approaches to attracting, managing, and training our most valuable asset, our employees.

With the first year of our three year strategic plan now complete, we are well on our way to further improving operational excellence, expanding our services, and we aim to be the most vibrant YMCA in Canada.



Brian Jessop
Chair,
YMCA Board of Directors



Brian Posavad
President and
Chief Executive Officer



2016 YMCA Leadership

Board of Directors (pictured above left to right): Brian Jessop (Chair), Peter Doig (Vice Chair), Jennifer Berry, Shaun Carvery, Lynn Coveyduck, Jonathan Dyer, Owen Everts-Lind, Karen Gardiner, Karen MacRury-Sweet, Kevin McCann, John McCulloch, Liana O'Brien, Wendy Sentner, Chris Trenaman, Tracey Thomas and Miriam Zitner

Missing from pictures - Stuart MacLean (Past Chair), Stephen Cochrane, Allan Cocksedge and Neil Ritchie, who completed their terms in April 2016.

Board of Honorary Trustees: The Honourable Alan R. Abraham, Gregory (Greg) D. Auld, Douglas Boyd, Daniel M. Campbell, Paul F. Campbell, Wesley G. Campbell, Peter M. Conrod, Paul J. Dyer, Peter G. Fardy, Peter Green, Mary Ellen Gurnham, R.F. (Bob) Healy, Fred Honsberger, Wilfred Jackson, Cliff Langin, John W. Lindsay Jr., Carol MacDougall, James MacGowan, Stuart MacLean, R.A. (Rod) McCulloch, Kirk D. McIntyre, Don C. Mills, Robert Richardson, L. Robert (Robbie) Shaw, George Wayne and Sarah Young

Honorary Life Members: The Honourable Alan R. Abraham, Rhoda Day, Lou Gannon, Audrey Manzer, Charles G. McLeod

Patron of the Association: Brigadier-General The Honourable J.J. Grant, CMM, ONS, CD (Ret'd), Lieutenant Governor, Province of Nova Scotia



New Beginnings start here.

Seven-year-old Yousef Al-Helwani sits in the program room at the YMCA Centre for Immigrant Programs making play dough sculptures. One is a tiny ice cream truck, his thoughts still on the tasty treats he enjoyed in the afternoon celebrating the end of the summer camps.

Yousef and his dad Maher, mom Hanadi, older sister Dania and older brother Ahmad, are from Damascus, Syria. The family spent two years in Egypt before coming to Halifax in February 2016 as part of the federal government's initiative to bring 25,000 Syrian refugees to Canada. Arriving to the brisk East Coast winter was a bit of a shock, but they are happy to be here in Halifax.

With the help of a YMCA staff as a translator, Maher expresses that he and his family are grateful for the support of the YMCA in settling into the community. Maher and Hanadi have been practicing English through the Talking Circles program and are now

volunteering to help those who are newer to the language. All three kids are taking part in YMCA youth programs and have quickly become friends with immigrant children from all around the world.

Through the programs offered at the YMCA, the Al-Helwani family was able to explore their new home province, including a trip to Lunenburg, a special sail on Nova Scotia Welcome Ambassador Theodore Tugboat, and visiting other local attractions. The family is also getting to try some of the local flavours. They have discovered that they all really like blueberries, and Dania loves poutine!

Feeling welcomed in their new home has made all the difference to Maher and his family. He looks forward to giving back to the YMCA as thanks for the support they've all received. "Next summer, I want to work as a YMCA summer student," says Dania. "Everyone is friendly here and I want to be a part of it."

We welcomed *818 Syrian refugees* to their new home in Canada and helped them settle into their new communities.

More than *400 immigrant youth* participated in outreach programs, giving back to the community through volunteerism.



More than *600 immigrants* participated in our Active Living programs, making new friends while getting fit.

In total, *we helped 2806 immigrants and refugees* from around the world feel a part of their communities in Halifax and across the province.

Given the opportunity and the right

Thank you to our more than 100 YMCA Centre of Community Capital Campaign donors! By the end of 2016, we have raised nearly \$7.7 million for the new John W. Lindsay YMCA. We couldn't have made it this far without you!

\$1,000,000 to \$2,000,000

John Lindsay & Anne Campbell
Marjorie Lindsay

\$500,000 to \$999,999

The Langin Family in Memory of Hughie Langin and Holly Langin
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Hugh Gillis in Memory of Margie Kelbrat
June Reid
Shaun Carvery

Thank you to our donors who have generously supported our programs, our YMCA Strong Kids Campaign, and our Cabin Replacement Project! You've helped ensure that children, youth and families could reach their full potential in 2016.

\$25,000 to \$49,999

Halifax Youth Foundation

\$10,000 to \$24,999

Universal Property Management

\$1,000 to \$9,999

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ght support everyone can thrive!

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Warren and Valerie Meisner in Memory of Richard Lind
Wayne Hamilton in Memory of Gary Farmer
Anonymous (6)



Thanks to the generous support of our donors, we were able to provide more than \$100,000 in financial assistance in 2016!

Fun

starts here.

An Aquatic Centre with three pools, program studios, a Family Development Centre, an indoor track for walking/running/wheeling, and community spaces for friends to gather – these are just some of the great features that will be part of our new John W. Lindsay YMCA. We have designed our new facility to be a welcoming, inclusive space where the people of Halifax come together, get healthy and have fun!

Just imagine the Aquatic Centre. Its centrepiece will be a 25-metre pool with six lanes for lap swimming. Next to it will be a warm water teaching pool that features a moveable floor – a perfect space for parents to introduce their toddlers to the joys of playing in the water. At its deeper levels, the teaching pool is a place for adults to get a workout in while having a blast in aqua fit classes. Those looking for something a little more restful can relax in the hydrotherapy whirlpool!

Upstairs in one of the program studios, a friendly YMCA instructor cracks a few quips and jokes to keep his spin class participants motivated for the final hill climb. Down the hall in the Family Development Centre, kids play together in a living room-like space while their parents chat and share stories. On the accessible indoor track, overlooking the gymnasium, friends catch up on their day as they run, walk or wheel, even when the weather is cold or rainy outside!

The new John W. Lindsay YMCA is going to be 70,000 square feet filled with opportunities for individuals and families to grow in spirit, mind and body. We're looking forward to hearing the laughter in the halls and seeing our members smile as they enter through the doors. We can't wait to share this space with you when it opens in 2019!



Opening in 2019!



Construction Site in April 2017





Our Impact



"The time is always taken to greet the child and parents upon arrival and if any child is having a particularly rough day there is always a staff member there willing to offer a snuggle and understanding. Some days I have to bribe Landon with snacks in my purse to come home!"
- Alana Burgess

348 children were cared for in YMCA Full-time and school-based Child Care programs



"At the time when I got involved with the Y, I was at a low level of depression and sadness, and heading for disease. Because of the Y, I'm on a journey that is filled with light and joy!"
- Linda Carey

437 people participated in our Outreach Fitness programs in 13 locations across the city



"Getting back self esteem is a big part of the process. That's where the YMCA team kicks in and says 'Okay, get rid of those negative thoughts. Let's help you find the right track for you.'"
- Gene MacCabe

Our Employment Centres grew from 2 locations to 8 in July 2016, resulting in a 162% increase in program participants



"Because I had never been to an overnight camp, I was really excited, but also sort of scared. I made a couple of friends and had a great time!"
- Sarah Finkle

A record-setting 798 children and youth enjoyed the experience that lasts a lifetime at Big Cove YMCA Camp



Financial Report

Statement of Operations

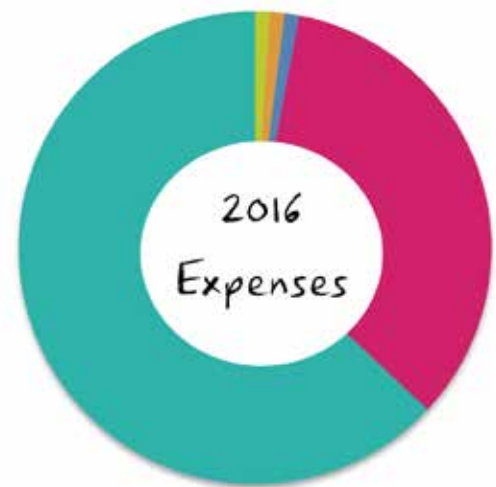
Year ended December 31	2016	2015
Total revenue	\$8,199,382	\$6,862,558
Total expenses	8,071,246	6,960,612
Excess of revenues over expenses before other operating expenses	128,136	(98,054)
Amortization and other operating expenses	(60,427)	(281,424)
Contributions (loss) from operations	67,709	(379,478)
Investment income	30,202	33,913
Excess of revenue over expenses (expenses over revenue)	\$97,911	\$(345,565)



- 19% ■ Child Care
- 32% ■ Immigrant Services
- 31% ■ Employment
- 7% ■ Camps
- 10% ■ Health and Wellness
- 1% ■ Fundraising

Financial Position

December 31	2016	2015
Total assets	\$7,915,983	\$5,753,449
Total liabilities	2,211,059	1,122,355
Deferred capital contributions	5,476,087	4,500,168
Net assets		
Investment in capital assets	942,014	901,492
Restricted for endowments	337,768	337,768
Internally restricted	228,144	196,261
Unrestricted (deficiency)	(1,279,089)	(1,304,595)
	\$228,837	\$130,926
	\$7,915,983	\$5,753,449



- 1% ■ Promotion and Marketing
- 1% ■ Staff and Volunteer Development
- 1% ■ Plant and Facilities
- 34% ■ Program and Supplies
- 63% ■ Salaries and Benefits



Strengthening the
foundations of community



YMCA of Greater Halifax/Dartmouth

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902-423-9709

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