



2021 Annual Report  
YMCA of Greater Halifax/Dartmouth



**OUR PURPOSE** Building healthy communities through the power of belonging

**OUR MISSION** The YMCA is a charity dedicated to the growth of all persons in spirit, mind, and body, and to their sense of responsibility to each other and the global community

**OUR VISION** Building the foundation for a vibrant YMCA of Greater Halifax/Dartmouth and for healthy communities

**OUR VALUES** Responsibility | Respect | Inclusion | Caring | Honesty



## TABLE OF CONTENTS

Message from our Board Chair and President & CEO	3
What's Your Y?	4
Ryrie Vandewater YMCA Leadership Scholarship	6
Our Impact in 2021	8
Summary of Financials	9
Y-EAT Program	10
What's Next for our YMCA?	11

# A MESSAGE FROM OUR BOARD CHAIR AND PRESIDENT & CEO



**Sonya Fraser**  
Board Chair,  
YMCA of Greater Halifax/Dartmouth



**Brian Posavad**  
President & CEO,  
YMCA of Greater Halifax/Dartmouth

We'd like to begin this report with expressing gratitude to our YMCA staff and volunteers for rising to the challenges of a two-year pandemic, adapting, and always keeping our community at the forefront in everything we do.

The pandemic has shone a spotlight on the communities we serve, and how each of them have been impacted disproportionately. We, as the YMCA, have worked hard to help fill the gaps in our communities that need it most, and will continue to strive to create more access and offer more support wherever there is need.

The YMCA has big plans. As we look forward, we are focused on expanding and strengthening our impact in the following areas: **Equity, Diversity and Inclusion, Health and Wellness, and Youth Empowerment.** We plan to triple the number of people receiving support to access YMCA programs and services, expand our programming to help more people manage acute and chronic disease, and reach more youth through opportunities in leadership, academic support, mental health, and food security.

If we've learned anything from the past two-years, it's that *the work we do matters.* Our YMCA is built for this, and we are needed now more than ever.

The heart and soul of the YMCA are, without a doubt, the people. And this report highlights just a few things that demonstrate the impact of our mission and the talented people throughout our organization who bring it to life.

## 2021 Leadership Team

### Board of Directors:

Sonya Fraser (Chair),  
Stephen MacDonald (Vice Chair),  
Jennifer Berry (Past Chair),  
Michelle Bussey, Patty Faith, Kim Gannon,  
Krista Jangaard, Lora MacEachern,  
Ayo Makanjuola, Dave Murray,  
Mary Navas, Mark Saldanha,  
Jacob Woods, Sian Wren.

### Board of Honorary Trustees:

Jennifer Berry (Chair),  
Gregory (Greg) D. Auld,  
Lydia Bugden, Daniel M. Campbell,  
Wesley G. Campbell, Peter M. Conrod  
Peter Doig, Paul J. Dyer, Peter G. Fardy,  
Mary Ellen Gurnham, R.F. (Bob) Healy,  
Fred Honsberger, Wilfred Jackson,  
John W. Lindsay Jr., Cliff Langin,  
Carole McDougall, James MacGowan,  
Stuart MacLean, R.A. (Rod) McCulloch,  
Kirk D. McIntyre, Don C. Mills,  
Robert Richardson,  
L. Robert (Robbie) Shaw,  
George Wayne, Sarah Young

### Honorary Life Members:

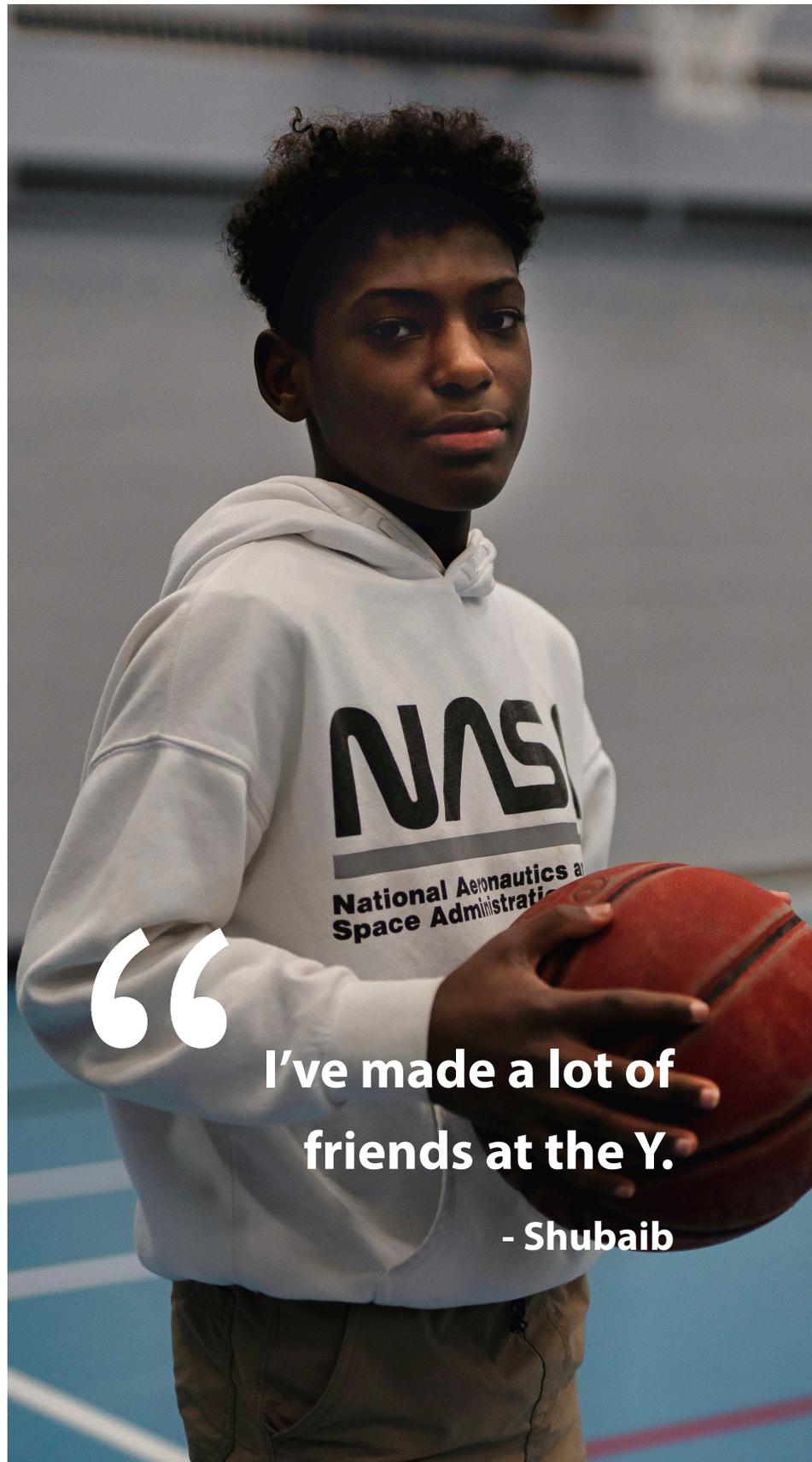
Rhoda Day, Lou Gannon, Audrey Manzer,  
and Charles G. McLeod

## WHAT'S YOUR Y?

Notes of Gratitude from our  
Community

"A very happy Christmas to you and all the YMCA staff. Because of the help, and patience from so many staff members at the new Y, I have embarked on a program to finally regain my ability to walk properly again after six long years of two surgeries, only assisted walking with a walker and sometimes two canes. I feel that thanks to the YMCA, hopefully by this summer, I can ditch the walker, throw away the canes and finally be able to walk completely normally." - Sharon

"I like that I can just drop into the Y and hang out whenever I need to. There's a lot of nice people here and nice staff. My favourite sport to play is basketball, and I'm also starting to play soccer. I've made a lot of friends at the Y." - Shubaib



“

**I've made a lot of  
friends at the Y.**

**- Shubaib**



## WHAT'S YOUR Y?

Notes of Gratitude from our Community

"Having had Aimée as my YMCA career practitioner really made all the difference in my job search. She turned this daunting process into a manageable, even enjoyable, experience by being supportive and providing tools every step of the way. Aimée's dedication to her clients is a reflection of the YMCA's engagement to the community. Thank you for helping me find a job!"

- Florence Lux-Côté



"So grateful to YREACH and the YMCA of Greater Halifax Dartmouth. After waiting almost, a decade of not seeing my mom and Tita Aby, I finally made it to Nova Scotia with my son Danzel and reunited with my family with the help of Ms. Trina Samson from YREACH. This was the first time Aby got to meet my son, her grandson. With Ms. Trina's help, my son is now studying at Tamarac Education Centre in grade 3 and I am a college student at NSCC. This would not have happened without the support".

- Hazel Venus Bantug

ABOVE: In June 2021, a Syrian family of five, became Canadian Citizens in Port Hawkesbury with settlement support from YREACH.

# RYRIE VANDEWATER YMCA LEADERSHIP SCHOLARSHIP



Ewan MacDuff

ABOVE: Our 2021 Ryrie Vandewater YMCA Leadership Scholarship winner, Ewan MacDuff, Dalhousie University.



## **RYRIE VANDEWATER**

### **YMCA LEADERSHIP SCHOLARSHIP**

The Ryrie Vandewater YMCA Leadership Scholarship was founded in 2021, in memory of Ryrie Vandewater, a former Big Cove YMCA Camp Counselor whose gentle nature positively impacted so many youth at Big Cove YMCA Camp. This scholarship recognizes the contributions camp leaders make in building healthier communities through the power of belonging. The Ryrie Vandewater YMCA Leadership scholarship will help a YMCA camp leader reach their full potential in post-secondary education through financial support.

*In May of 2021, our family was devastated by the sudden loss of Ryrie. He was a big man with a big personality and even bigger heart. It is with confidence that we say Big Cove, and his experiences there, played a large part in forming the man he would become.*

*Ryrie was a lifetime "Big Cover". He first enjoyed his summers as a camper and then as a camp counsellor. Big Cove held a special place in Ry's heart, he would often share stories of his experiences. Big Cove is where he learned leadership skills and created lifelong friendships with both campers and staff. We have created the "Ryrie Vandewater Memorial Scholarship" not only to honour Ryrie's memory and all that Big Cove meant to him, but to enable others the opportunity to benefit from the same kind of life experiences that brought Ryrie so much joy.*

*With love,*

*Tracey (his wife)*

*Georgia (his sister)*

*Murray and Deborah (his parents)*

# Our Impact in 2021



**10,000 members and participants** have benefited from health, wellness and community outreach – with 15% receiving financial support



Our Aquatics team delivered **10,800 Swimming Lessons**



**2,400 children** had a safe space to belong through our Child Care and Camps



**30,000 clients** received job search and skills training



**6,000 newcomers** received settlement support in 2021



**525 youth** have developed leadership skills to reach their full potential



**\$390,000** of program funding was received from grants and foundations



**306 donors** helped raise **\$694,668** to support access to YMCA program

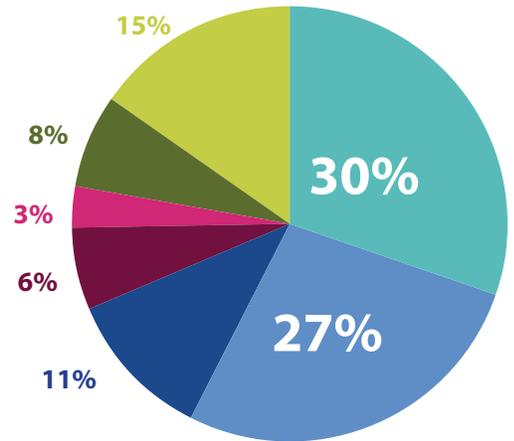


**\$10,000** was awarded in **scholarships** to post-secondary students

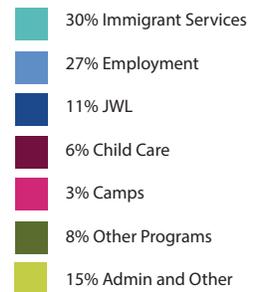
# SUMMARY OF FINANCIALS

## Statement of Operations

Year ended December 31	2021	2020
Total revenue	15,985,790	11,584,015
Total expenses	(15,479,504)	(11,453,779)
Excess of revenues over expenses before amortization and other income	<b>506,286</b>	<b>130,236</b>
Amortization and other income	(445,351)	(89,465)
Contributions from operations	60,935	40,771
Investment income	61,151	65,133
Excess of revenue over expenses	122,086	105,904

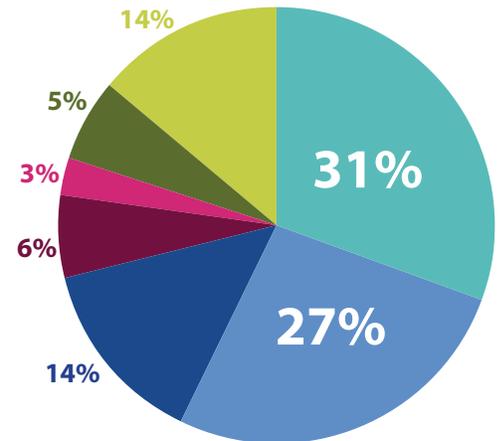


### Revenue

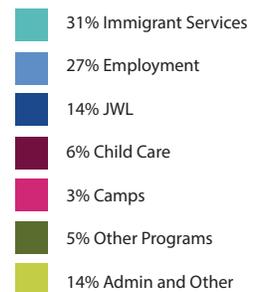


## Statement of Financial Position

Year ended December 31	2021	2020
Assets	41,380,256	40,137,276
Liabilities	19,054,538	19,424,619
Deferred capital contribution	21,470,562	19,979,587
Internally restricted net assets	221,140	210,999
Unrestricted net assets	634,016	522,071
Total liabilities and net assets	41,380,256	40,137,276



### Expenditures





## Y-EAT PROGRAM

### Addressing Food Insecurity in our Youth

The Krista Grant Family Foundation's mandate is to provide support to Canadian youth, with a particular focus on education and wellness. The Foundation became involved with the YMCA of Greater Halifax/ Dartmouth in 2021, when they learned that the youth who attend our After School Program at the Community YMCA often arrive having eaten very little, and in some cases, not all that day due to the inconsistency of many in-school food programs brought on by the pandemic.

The support of the Krista Grant Family Foundation, resulted in the launching of Y-EAT. This program provides wholesome, hot meals to Community YMCA children and youth in the after-school hours, teaches nutrition literacy and food preparation skills. Over the past year, 4,000 hot meals have been served to, on average, 50 youth Monday through Friday. In 2022, the culinary education component of the program will be expanded, and take-home grocery boxes will become part of the program.



### MS. DELMA ABOVE AND RIGHT

Ms. Delma prepares nutritious meals through Y-EAT for our Community YMCA youth Monday to Friday after school.

# WHAT'S NEXT FOR OUR YMCA?

---

**We've been working hard to meet the needs of our community**, and we are excited to bring you along the journey with us:

The John W. Lindsay YMCA is open, but there is more work to be done! We're expanding our efforts in **Equity, Diversity, and Inclusion** and expect to financially support access to YMCA programs and services for 1,500 people of all ages in 2022.

Healthy Living is an integral part of the mission of the YMCA, so we're adding additional programming through LiveWell East to **assist folks living with chronic illness in their rehabilitation** on site at the YMCA.

Children are the future, and that's why at the YMCA we are **partnering with the Province of Nova Scotia to become the Largest Child Care Provider in Atlantic Canada.**





# YMCA of Greater Halifax/Dartmouth

## OUR LOCATIONS

### JOHN W. LINDSAY YMCA

5640 Sackville Street  
Halifax, NS B3J 3Y3  
902-423-9622

### YMCA CENTRE FOR IMMIGRANT PROGRAMS

104-7071 Bayers Road  
Halifax Nova Scotia B3L 2C2  
902-457-9622

### YMCA NOVA SCOTIA WORKS EMPLOYMENT CENTRE

2269 Gottingen Street,  
Halifax, Nova Scotia B3K 3B7  
902-430-6621

### COMMUNITY YMCA

2269 Gottigen Street,  
Halifax, Nova Scotia B3K 3B7  
902-422-9622

### YMCA PURDY'S WHARF CHILD CARE CENTRE

1969 Upper Water Street,  
Halifax, Nova Scotia B3J 3R7  
902-492-3622

### BIG COVE YMCA CAMP

119 Big Cove Road  
Thorburn, Nova Scotia B0K 1W0  
902-922-2224

**YMCA of Greater Halifax/Dartmouth**  
**YMCA Association Services**  
5657 Spring Garden Rd.  
Park Lane Terraces, Suite 700  
Halifax, NS B3J 3R4

Connect with us:  
[@YMCAHD](#)



[www.ymcahfx.ca](http://www.ymcahfx.ca)

Charitable Registration No. 136 560 760 RR01