



Where everyone belongs

2018 Annual Report
YMCA of Greater Halifax/Dartmouth

Creating meaningful impact

For every age, stage, and ability

Helping families thrive – through the support and development of children and youth – is so much more than providing a safe place to play before and after school.

We're strengthening our commitment to our community by providing family-centered services to support newcomers to Halifax and Nova Scotia; we've helped thousands secure employment through regular workshops and one-on-one support. Soon we'll enable significant expansions of physical space, programs, and services with our new John W. Lindsay YMCA to meet the growing needs of Halifax.

It's an exciting time to be a part of the Y. We celebrated a full year at our new Centre for Immigrant Programs and assisted over 4,500 newcomers throughout HRM.

We reinvigorated the YMCA Peace Breakfast this year; having over 230 attendees watch as we honoured four YMCA Peace Medal recipients for their dedication to the values of P.E.A.C.E. (Participation, Empathy, Advocacy, Community, and Empowerment). As part of Peace Week, we hosted the inaugural Out & Equal Job Fair at our Community YMCA, which was the first of its kind in Nova Scotia, a job fair catered to members of the 2SLGBTQ+ community. It was a great success!

We've also welcomed many new talented staff and volunteers to our Y, and have had an incredible year of growth and community building.

Big Cove YMCA Camp had its highest registration to date with 864 campers attending over the 8-week summer camping period. We are especially proud that we were able to financially support 64 youth, giving them the camp experience that lasts a lifetime. Big Cove's partnership with NSCC has made great strides this year, replacing two of Big Cove's cabins, with another renovation project to be completed in 2019.

As we look forward to the next phase of the YMCA, we are determined to be a genuine, welcoming, and hopeful place. This is the community we want – a community where we share a sense of social responsibility and where children and families thrive.



Brian Posavad
*President and
Chief Executive Officer*



Peter Doig
*Chair,
YMCA Board of Directors*

2018 YMCA Leadership

Board of Directors: Peter Doig (Chair), Jennifer Berry (Vice Chair), Lynn Coveyduck, Owen Everts-Lind, Patty Faith, Sonya Fraser, Kim Gannon, Karen Gardiner, Stephen MacDonald, Ayo Makanjola, Kevin McCann, Dave Murray, Brian Thompson, and Miriam Zitner.

Board of Honorary Trustees: The Honourable Alan R. Abraham, Gregory (Greg) D. Auld, Douglas Boyd, Daniel M. Campbell, Paul F. Campbell, Wesley G. Campbell, Peter M. Conrod, Paul J. Dyer, Peter G. Fardy, Peter Green, Mary Ellen Gurnham, R.F. (Bob) Healy, Fred Honsberger, Wilfred Jackson, Cliff Langin, John W. Lindsay Jr., Carole MacDougall, James MacGowan, Stuart MacLean, R.A. (Rod) McCulloch, Kirk D. McIntyre, Don C. Mills, Robert Richardson, L. Robert (Robbie) Shaw, George Wayne, and Sarah Young.

Honorary Life Members: The Honourable Alan R. Abraham, Rhoda Day, Lou Gannon, Audrey Manzer, and Charles G. McLeod.

Patron of the Association: Brigadier-General The Honourable J.J. Grant, CMM, ONS, CD (Ret'd), Lieutenant Governor, Province of Nova Scotia

Senior Leadership Team: Brian Posavad *President & CEO*, Lorrie Turnbull *Chief Operations Officer*, Kellea Redden *Chief Financial Officer*, Amy Rector *Human Resources Manager*, Sarah B. MacDonald *Director of Fund Development*, Kailee Hominick *Communications Manager*, TL Johannesson *Manager of Child & Youth*, Jim Pomeroy *General Manager of John W. Lindsay YMCA*, Rebekah Skeete *Director of Employment Services*, Jennifer Thornhill *Senior Manager of Centre for Immigrant Programs*, and Lynda Thomas *Operations Manager of Employment Services*.

"Being active makes me feel happy. I love learning about how to do new things, that I can teach other people, and then everyone knows how to play one game."

Beth, Age 8 (YPHD)



This year we are celebrating
Big Cove YMCA Camp's 130th year!

With our rich history as Canada's oldest overnight camp and 130 years of tradition and growth, Big Cove YMCA Camp has a proud commitment of serving camper-families in Nova Scotia. Our exciting programs truly are the pinnacle of the Big Cove YMCA Camp experience. We want to thank all of our dedicated staff, volunteers and Big Cove Alumni who make camp a reality every year.

Impact

Here's a snapshot of the impact made in 2018 thanks to our volunteers, staff and donors like you!



Our story began

165 years ago



3,431

youth have been supported in school through YMCA School Settlement



3,144

newcomers found new beginnings in Halifax



370

families had a sense of security knowing that their child was in a safe and nurturing environment at YMCA preschool, child care and after school programs

2,757

youth thrived in YMCA Youth Programs



32,000

visits to our Employment Centres



1,715

campers were physically active and made long-lasting friendships at YMCA Day Camps & Big Cove YMCA Camp



2,149

new clients at our 8 YMCA NS Works locations



Thank you!

All this would not have been possible without YOU.

YMCA PEACE BREAKFAST

230+ participants
4 peace medal recipients

HRM & NOVA SCOTIA

78 program sites

DONATIONS

\$520,998.91 raised
through our
Community Campaign

OF CHILDREN, YOUTH, ADULTS & SENIORS SERVED

approx. 42,300



Sawsan

The YMCA began assisting Sawsan Shamo in April of 2017 as she was seeking admission to Saint Mary's University. She did not have all her academic transcripts, as she was unable to acquire them from Syria due to the civil war. With the help of the YMCA advocating on her behalf at the admissions office, she was granted conditional acceptance.

Sawsan began her studies at the Language Centre at SMU and graduated in June 2018. She is now double-

majoring in English Literature and International Development Studies. Sawsan attended the Centre for Immigrant Programs "Employment Series" workshop and gained insight into how to start her own business in Canada. She has aspirations of having her own clothing line and importing clothing from overseas.

The YMCA is immensely proud of Sawsan and the accomplishments she has achieved in her short time in Canada.

"I have a deep respect for YMCAs principle of offering programs to participants regardless of their ability to pay. That would have been me as a young boy – unable to pay, but very much wanting to play." – Robert Richardson



Robert and his wife Kathleen pictured with his sister Shirley, and her husband Stephen Clarke (left) at the YMCA Donor Recognition event for the new John W. Lindsay YMCA, November 2017.

The Power of Philanthropy

Robert Richardson was born into social housing in Halifax's Mulgrave Park and spent his early years in the North End with his parents and seven of his ten siblings. They all lived in what he refers to as a "cozy two bedroom apartment."

At the age of 10, Robert and three of his siblings went to live with his sister, Shirley, and her husband Stephen after their mother unexpectedly passed away. At the young age of 25, Shirley and Stephen took on the care of two children and two teenagers.

Robert is now an industrious entrepreneur, well-respected business leader, and a tireless community builder with a long history of commitment to making our community a better place. Robert has dedicated his time, talent, and treasure to the YMCA and serves as a member of our Capital Campaign, Honorary Trustee, Chair of the YMCA Legacy Foundation, and was the Past-Chair of our Board of Directors.



Value of Volunteering

Shawn grew up going to the Community Y and learned a lot of valuable life lessons. He wanted to start volunteering to give back to the kids and has been volunteering for a total of 15 years at our YMCA. Shawn coaches the Junior NBA and Panthers Basketball teams. Now, both of his sons play! He says, "kids are the best motivator for volunteering. They're engaged and want to learn."

Summary of Financials

Statement of Operations

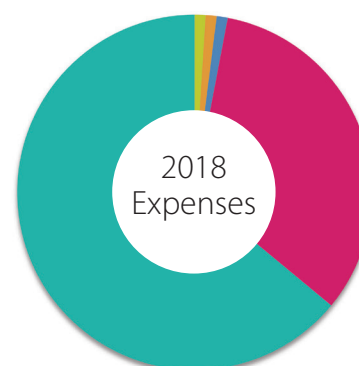
Year ended December 31	2018	2017
Total revenue	\$11,301,097	\$ 9,999,129
Total expenses	11,270,487	871,439
Excess of revenues over expenses before amortization and other income	30,610	127,690
Amortization and other income	(10,743)	48,259
Contributions from operations	19,867	175,949
Investment income	56,819	36,119
Excess of revenue over expenses	\$76,686	\$ 212,068

Statement of Financial Position

December 31	2018	2017
Assets	\$22,518,716	\$10,230,895
Liabilities	9,451,944	3,375,372
Deferred capital contributions	12,549,181	6,414,618
Net assets		
Investment in capital assets	1,191,633	1,098,754
Internally restricted	181,317	249,148
Unrestricted deficiency	(855,359)	(906,997)
	\$517,591	\$440,905
	\$22,518,716	\$10,230,895



- 13% Child Care
- 35% Immigrant Services
- 36% Employment
- 6% Camps
- 9% Health and Wellness
- 1% Fundraising



- 1% Promotion and Marketing
- 1% Staff and Volunteer Development
- 1% Plant and Facilities
- 29% Program and Supplies
- 68% Salaries and Benefits

165 Years of Community

The YMCA of Greater Halifax/Dartmouth has been through two world wars, one of the biggest explosions in history, and a massive fire that destroyed the Community YMCA in July 1979. Through it all, the YMCA has remained a centre for everyone to grow in spirit, mind, and body.



Did you know?

1855: Halifax had its first YMCA Annual Report in Canada.

1874: The first permanent home of the Halifax Y was erected on Prince Street. The cost was \$40,000.

1889: Big Cove Camp was established.

1930: In addition to WWI, WWII and Halifax explosion, the Y was heavily used during the Great Depression in the 1930s.

1952: The Community YMCA opened in the Old Children's Library and was known as the Brunswick Street Division of the YMCA.

1975: The YMCA began serving youth in community-based settings in the areas of employment, personal, community enrichment starting with the Options Project.

1992: Our YMCA started working in partnership with schools to support settlement families new to Canada. 2014 - YMCA partnered with the province to leverage existing resources and expertise in immigration to offer YREACH.

1993: The unification of The YMCA Metro Halifax and Dartmouth YMCA-YWCA takes place and becomes the YMCA of Greater Halifax/Dartmouth.



YMCA of Greater Halifax/Dartmouth

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