

YMCA of Greater Halifax/Dartmouth

Fall 2025 Swimming Lesson Timetable

Term: September 15th – December 7th 2025

Level		Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday
Preschool Swim Program	Splasher/Bubbler		11:00am 4:55pm	5:30pm	4:55pm	10:05am 11:30am	10:00am
	Bobber	4:55pm 5:30pm 5:45pm 6:40pm		4:55pm 6:05pm 6:40pm		10:40am 8:55am 9:30am	10:35am 11:10am 11:45am 12:35pm
	Floater	4:55pm 5:30pm 6:20pm		4:55pm 6:05pm		8:55am 9:30am 10:40am	10:35am 11:45am 12:35pm
	Glider/Diver	5:45pm 6:55pm		6:05pm		9:30am 10:55am	11:10am 12:00pm
	Surfer/Jumper	6:20pm		6:40pm		10:40am	
Learn-to-Swim Swim Program	Otter	4:55pm 5:30pm 6:05pm 6:40pm 6:55pm		4:55pm 5:30pm 6:20pm 6:40pm		8:55am 9:45am 10:05am 10:55am	10:00am 10:35am 11:45am
	Seal	4:55pm 5:30pm		4:55pm 5:30pm 6:20pm 6:55pm 7:30pm		8:55am 9:45am	10:00am 10:50am 11:10am 11:25am
	Dolphin	6:05pm 7:30pm		5:45pm 6:55pm 7:30pm		10:20am 11:30am	10:50am 12:00pm
	Swimmer	6:55pm 7:30pm		5:45pm 6:55pm		10:20am 10:55am	11:25am 12:00pm

YMCA of Greater Halifax/Dartmouth

Fall 2025 Swimming Lesson Timetable

Term: September 15th – December 7th 2025

	Level	Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday
Star Swim Program	Star 1	4:55pm		4:55pm		8:55am	10:00am
	Star 2	4:55pm		4:55pm		8:55am	10:00am
	Star 3/4	6:05pm		6:05pm		10:05am	11:10am
	Star 5/6			6:05pm		10:05am	
Teen Swim Program	Jade		4:55pm				11:10am
	Aquamarine/Coral		5:30pm				
Adult Swim Program	Silver	6:05pm 7:15pm	6:20pm 7:30pm	7:15pm	4:55pm 6:20pm 7:30pm	11:15am	12:20pm 5:00pm 5:50pm
	Ruby	7:15pm	6:20pm 6:40pm	7:15pm	5:30pm 6:40pm	11:15am	12:20pm 6:40pm
	Golden	7:15pm	6:40pm	7:15pm	6:40pm		12:20pm
	Diamond/Sapphire		7:30pm		6:20pm 7:30pm		
Private Lessons		4:55pm	4:55pm	4:55pm	4:55pm	8:55am	10:00am
		5:30pm	5:30pm	5:30pm	5:30pm	9:30am	10:35am
		6:05pm	5:45pm	6:55pm	5:45pm	10:05am	12:00pm
		6:40pm	6:05pm	7:30pm	6:05pm	10:55am	12:35pm
		6:55pm	7:10pm	8:05pm	7:10pm	11:30am	1:10pm
		7:30pm	7:45pm		7:45pm		
		8:05pm					