



Canada Day Weekend

June 29-July 1, 2024

AQUATIC CENTRE SCHEDULE

Saturday, June 29, 2024

7:00-9:45 am Full Pool Lane Swim

10:00-11:45 am Half Pool Lane Swim 10:00-10:45 am AquaFree & Kinder Swim*
11:00-11:45 am Rec Swim

12:00-1:45 pm Full Pool Lane Swim

2:00-4:00 pm Four-Lane Lane Swim 3:15-4:00 pm Kinder Swim*

4:00-4:45 pm Full Pool Lane Swim

5:00-5:45 pm Two-Lane Lane Swim 5:00-5:45 pm AquaFit

6:00-7:45 pm Half Pool Lane Swim 6:00-6:45 pm Rec Swim
7:00-7:45 pm AquaFree

Sunday, June 30, 2024

7:00-8:45 am Full Pool Lane Swim

9:00-11:45 am Half Pool Lane Swim 9:00-9:45 am AquaFit
10:00-10:45 am AquaFree & Kinder Splash*
11:00-11:45 am Rec Swim

12:00-5:45 pm Full Pool Lane Swim 3:00-3:45 pm Kinder Swim*

6:00-7:45 pm Half Pool Lane Swim 6:00-6:45 pm Rec Swim
7:00-7:45 pm AquaFree

Monday, July 1, 2024

7:00-9:45 am Full Pool Lane Swim

10:00-11:45 am Half Pool Lane Swim 10:00-10:45 am AquaFree & Kinder Swim*
11:00-11:45 am Rec Swim

12:00-5:45 pm Full Pool Lane Swim 3:00-3:45 pm KinderSplashPad*

6:00-7:45 pm Half Pool Lane Swim 6:00-6:45 pm Rec Swim
7:00-7:45 pm AquaFree



* Takes place in the Teaching Pool

