



YMCA of Greater Halifax/Dartmouth

Summer 2025 Swimming Lesson At-A-Glance Schedule

Session #1: July 7th – July 31st, 2025 (Registration opens June 16th)

	Level	Monday & Wednesday	Tuesday & Thursday
Preschool Swim Program	Splasher	4:55-5:25pm	4:55-5:25pm
	Bubbler	4:55-5:25pm	4:55-5:25pm
	Bobber	5:30-6:00pm 6:05-6:35pm	5:30-6:00pm 6:05-6:35pm 6:40-7:10pm
	Floater	5:30-6:00pm 6:05-6:35pm	5:30-6:00pm 7:10-7:40
	Glider	5:45-6:15pm 7:10-7:40pm	6:40-7:10pm 7:10-7:40pm
	Diver	5:30-6:00pm 7:10-7:40pm	
Learn-to-Swim Swim Program	Otter	4:55-5:25pm 5:30-6:00pm	4:55-5:25pm
	Seal	4:55-5:25pm 7:45-8:15pm	
	Dolphin	6:05-7:25pm 6:55-7:25pm	4:55-5:25pm 7:10-7:40pm
	Swimmer	5:30-6:00pm 6:55-7:25pm	4:55-5:25pm 7:10-7:40pm
Star Swim Program	Star 1	4:55-5:40pm 6:05-6:50pm	6:20-7:05pm 7:15-8:00pm
	Star 2	4:55-5:40pm	6:20-7:05pm 7:45-8:30pm
	Star 3	6:05-6:50pm	7:15-8:00pm*
	Star 4	7:30-8:15pm	7:15-8:00pm*
	Star 5		6:20-7:05pm*
	Star 6		6:20-7:05pm*
Teen Swim Program	Jade	6:20-7:05pm	
	Aquamarine/Coral		7:45-8:30pm
Adult Swim Program	Silver	6:20-7:05pm 7:15-8:00pm	6:20-7:05pm
	Ruby		7:45-8:30pm
	Golden	7:15-8:00pm	7:45-8:30pm
	Diamond	7:15-8:00pm	
	Sapphire	7:30-8:15pm	
Private Lessons		4:55-5:25pm 5:45-6:15pm 6:40-7:10pm 7:45-8:15pm 8:05-8:35pm	4:55-5:25pm 5:30-6:00pm

Session #2: August 5th – August 28th, 2025 (Registration opens July 25th)

This summer, the YMCA will be offering two (2) one-month sessions for swimming lessons. Each session will take place over one month, and those registered will participate in lessons twice a week: Monday & Wednesday or Tuesday & Thursday. Members will only need to register for Monday OR Tuesday programs; they will automatically be registered to for second day.

Note: * indicates a split class (e.g. Star 3/4)



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	Bubbler	4:55-5:25pm	4:55-5:25pm
	Bobber	5:30-6:00pm 6:05-6:35pm	5:30-6:00pm 6:05-6:35pm
	Floater	5:30-6:00pm 6:05-6:35pm	5:30-6:00pm 6:05-6:35pm
	Glider	5:30-6:00pm 6:05-6:35pm	5:30-6:00pm 6:40-7:10pm 7:10-7:40pm
	Diver	6:40-7:10pm	6:40-7:10pm
Learn-to-Swim Swim Program	Otter	4:55-5:25pm 5:30-6:00pm	4:55-5:25pm
	Seal	5:45-6:15pm 6:55-7:25pm	7:10-7:40pm
	Dolphin	5:45-6:15pm 6:55-7:25pm	4:55-5:25pm 7:10-7:40pm
	Swimmer	4:55-5:25pm 6:40-7:10pm	4:55-5:25pm
Star Swim Program	Star 1	4:55-5:40pm	5:30-6:15pm
	Star 2	4:55-5:40pm	6:20-7:05pm
	Star 3	6:05-6:50pm	6:20-7:05pm *
	Star 4	6:05-6:50pm	6:20-7:05pm*
	Star 5	7:15-8:00pm *	7:15-8:00pm *
	Star 6	7:15-8:00pm *	7:15-8:00pm *
Teen Swim Program	Jade		7:45-8:30pm
	Aquamarine/Coral	6:20-7:05pm	
Adult Swim Program	Silver	6:20-7:05pm 7:30-8:15pm	6:20-7:05pm 7:45-8:30pm
	Ruby	7:15-8:00pm	6:20-7:05pm
	Golden	7:15-8:00pm	7:15-8:00pm
	Diamond	7:30-8:15pm	
	Sapphire		7:45-8:30pm
Private Lessons		4:55-5:25pm 5:30-6:00pm 7:10-7:40pm 7:45-8:15pm	5:30- 6:00pm 8:05-8:35pm

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