

# YMCA of Greater Halifax/Dartmouth / John W. Lindsay YMCA Aquatic Program Time Chart Guide

**Group Swimming Lessons: Summer Session #1 July 6<sup>th</sup> – July 30<sup>th</sup>**

**Summer Session #2 August 10<sup>th</sup> -September 4<sup>th</sup>**

		Monday & Wednesday	Tuesday & Thursday
YMCA Parent & Tot Swim Program	Bubbler		5:00 – 5:30 PM
	Splasher		5:00 – 5:30 PM
YMCA Preschool Swim Program	Bobber	5:00 – 5:30 PM	5:35 – 6:05 PM
		5:35 – 6:05 PM	6:10 – 6:40 PM
		5:50 – 6:20 PM	6:25 – 6:55 PM
	Floater	5:00 – 5:30 PM	5:35 – 6:05 PM
		6:25 – 6:55 PM	6:10 – 6:40 PM
	Glider	5:50 – 6:20 PM	6:45 – 7:15 PM
	Diver		6:45 – 7:15 PM
Surfer	6:10 – 6:40 PM		
Jumper	6:45 – 7:15 PM		
YMCA Learn-to-Swim Program	Otter	5:00 – 5:30 PM	5:00 – 5:30 PM 7:00 – 7:30 PM
		5:35 – 6:05 PM	
		6:25 – 6:55 PM	
		7:35 – 8:05 PM	
Seal	5:00 – 5:30 PM	5:00 – 5:30 PM	
	7:00 – 7:30 PM	7:00 – 7:30 PM	
Dolphin	5:35 – 5:55 PM	5:00 – 5:30 PM	
	7:35 – 8:05 PM	7:35 – 8:05 PM	
Swimmer	5:35 – 5:55 PM	5:00 – 5:30 PM	
	7:35 – 8:05 PM	7:35 – 8:05 PM	
YMCA Star Swim Program	Star 1	5:00 – 5:45 PM	5:35 – 6:20 PM
	Star 2	5:00 – 5:45 PM	
	Star 3	6:10 – 6:55 PM	
	Star 4	6:10 – 6:55 PM	
	Star 5		6:45 – 7:30 PM
	Star 6		6:45 – 7:30 PM
YMCA Teen Swim Program	Jade	6:45 – 7:30 PM	
	Aquamarine		
	Coral		
YMCA Adult Swim Program	Silver	6:45 – 7:30 PM	6:10 -6:55 PM
			6:45 – 7:30 PM
	Ruby		6:45 – 7:30 PM 7:20 – 8:05 PM
	Golden	7:20 – 8:05 PM	
	Diamond		7:20 – 8:05 PM
Sapphire		7:20 – 8:05 PM	

**Scheduled Breaks in Programming: July 30-August 9, 2026**



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## Private Swimming Lessons: Summer Session #1 July 6<sup>th</sup> – July 30<sup>th</sup>

### Summer Session #2 August 10<sup>th</sup> -September 4<sup>th</sup>

	Level	Monday & Wednesday	Tuesday & Thursday
YMCA Private Lessons	Private	5:00 – 5:30 PM	5:00 – 5:30 PM
		5:35 – 6:05 PM	5:35 – 6:05 PM
		6:10 – 6:40 PM	6:10 – 6:40 pm
		7:00 – 7:30 PM	7:00 – 7:35 PM
		7:35 – 8:05 PM	7:35 – 8:05 PM

**Scheduled Breaks in Programming:** July 30-August 9, 2026

## First Aid Courses: June 22<sup>nd</sup> - September 21<sup>st</sup>, 2026

Course Names	Course Dates	Course Times	Course Fees
Intermediate Workplace First Aid	June 27-28, 2026	<b>Saturday:</b> 9:00-5:00 pm	<b>Non-Member:</b> \$135+HST <b>Member:</b> \$108+HST
	September 12-13, 2026	<b>Sunday:</b> 9:00-5:00 pm	
Intermediate Workplace First Aid Recertification	September 19, 2026	<b>Saturday:</b> 9:00-5:00 pm	<b>Non-Member:</b> \$80+HST <b>Member:</b> \$60+HST

## Leadership Courses: June 22<sup>nd</sup> - September 21<sup>st</sup>, 2026

Course Names	Course Dates	Course Times	Course Fees
Lifesaving Society's Bronze Medallion	July 9-12, 2026	<b>Thursday:</b> 6:00-7:00 pm <b>Friday:</b> 6:00-9:30 pm <b>Saturday:</b> 9:00-5:00 pm <b>Sunday:</b> 9:00-5:00 pm	<b>Non-Member:</b> \$185+HST <b>Member:</b> \$165+HST
Lifesaving Society's Bronze Cross with Intermediate Workplace First Aid	July 16-19 & 24-26, 2026	<b>Thursday:</b> 6:00-8:00 pm <b>Friday:</b> 6:00-9:30 pm <b>Saturday:</b> 10:00-5:00 pm <b>Sunday:</b> 10:00-5:00 pm	<b>Non-Member:</b> \$280+HST <b>Member:</b> \$224+HST
National Lifeguard Pool with CPR-HCP & Airway Management	August 20-23 & 27-30, 2026	<b>Thursday:</b> 5:30-9:30 pm <b>Friday:</b> 6:00-10:00 pm <b>Saturday:</b> 9:00-6:00 pm <b>Sunday:</b> 9:00-6:00 pm	<b>Non-Member:</b> \$390+HST <b>Member:</b> \$312+HST
National Lifeguard Pool and Intermediate Workplace First Aid Recertification	September 20, 2026	<b>Sunday:</b> 9:00-6:00 pm	<b>Non-Member:</b> \$120+HST <b>Member:</b> \$96+HST
YMCA Swim Instructor Course	August 14-16, 2026	<b>Friday:</b> 6:00-10:00 pm <b>Saturday:</b> 9:00-5:00 pm <b>Sunday:</b> 9:00-5:00 pm	<b>Non-Member:</b> \$135+HST <b>Member:</b> \$105+HST

