



# YMCA of Greater Halifax/Dartmouth

## Summer 2025 Swimming Lesson At-A-Glance Schedule

**Session #2: August 5<sup>th</sup> – August 28<sup>th</sup>, 2025 (Registration opens July 25<sup>th</sup>)**

	Level	Monday & Wednesday	Tuesday & Thursday
Preschool Swim Program	Splasher/Bubbler	4:55-5:25pm	4:55-5:25pm
	Bobber	5:30-6:00pm 6:05-6:35pm	5:30-6:00pm 6:05-6:35pm 6:40-7:10pm 7:10-7:40pm
	Floater	5:30-6:00pm 6:05-6:35pm	5:30-6:00pm 6:05-6:35pm
	Glider	5:30-6:00 6:05-6:35	5:30-6:00pm
	Diver	6:40-7:10pm	6:40-7:10pm
	Surfer/Jumper	6:40-7:10pm	7:10-7:40pm
Learn-to-Swim Swim Program	Otter	4:55-5:25pm 5:30-6:00pm	4:55-5:25pm 7:10-7:40pm
	Seal	5:45-6:16pm 6:55-7:25pm	4:55-5:25pm 7:10-7:40pm
	Dolphin	5:45-6:15pm 6:55-7:25pm	4:55-5:25pm
	Swimmer	4:55-5:25pm 6:40-7:10pm	4:55-5:25pm
Star Swim Program	Star 1	4:55-5:40pm	5:30-6:15pm
	Star 2	4:55-5:40pm	6:20-7:05pm
	Star 3/4	6:05-7:05pm	6:20-6:50pm
	Star 5/6		7:15-8:00pm
Teen Swim Program	Jade		7:45-8:30pm
	Aquamarine/Coral	6:20-7:05pm	
Adult Swim Program	Silver	6:20-7:05pm 7:30-8:15pm 6:05-6:50pm 7:15-8:00pm	6:20-7:05pm 7:45-8:30pm
	Ruby	7:15-8:00pm	6:20-7:05pm 7:45-8:30pm
	Golden	7:15-8:00pm	7:15-8:00pm
	Diamond/Sapphire	7:30-8:15pm	
Private Lessons		4:55-5:25pm 6:40-7:10pm 5:30-6:00pm 7:10-7:40pm 7:45-8:15pm 8:05-8:35pm	4:55-5:25pm 5:30-6:00pm 7:10-7:40pm 8:05-8:35pm

This summer, the YMCA will be offering two (2) one-month sessions for swimming lessons. Each session will take place over one month, and those registered will participate in lessons twice a week: Monday & Wednesday or Tuesday & Thursday. Members will only need to register for Monday OR Tuesday programs; they will automatically be registered to for second day.

**Note: \* indicates a split class (e.g. Star 3/4)**